

The Week Ahead at Grace Presbyterian Church: Dec. 7-Dec. 14

For additional information, call the church office or ask an usher!

Sun. Dec. 7	9:30 am Sunday Service/Advent 2/ Communion 10:30 am Fellowship
Mon. Dec. 8	9:00 am Jazzercise 7:00 pm Yoga
Tues. Dec. 9	9:30 am Iyengar Yoga 6:00 pm Jazzercise
Wed. Dec. 10	9:00 am Jazzercise 9:30 am Iyengar Yoga 7:00 pm Christian Ed Class 6:00 & 7:00 pm Essentrics Class
Thur. Dec. 11	9:30 am Iyengar Yoga 6:00 pm Jazzercise
Fri. Dec. 12	9:30 am Restorative Yoga
Sat. Dec. 13	8:30 am Jazzercise 8:45 am Iyengar Yoga 4:00 pm Grace for Dinner
Sun. Dec. 14	9:30 am Sunday Service - Advent 3 10:30 am Fellowship

Vision Statement

We are an open and affirming congregation. We genuinely welcome people of all ages, race, ethnicities, genders, sexual orientations, beliefs, and those who are cognitively and or physically challenged. Our vision is to be a community of love and purpose, each one engaged in ministry, seeking to know Christ, growing in discipleship, and embodying God's love for the world.

ADVENT CHRISTMAS WORSHIP SCHEDULE

Advent 2 (December 7) Communion- “John Said Yes” Matthew 3:1-12

Advent 3 (December 14) “Mary Said Yes” Luke 1:26-56

**Wednesday, December 17 - 7:00 pm Longest Night Service -
First Presbyterian Church at Dayton**

Advent 4 (December 21) “Joseph Said Yes” Matthew 1:18-25

Christmas Eve 7pm (December 24) “Shepherds Said Yes”

Lessons and Carols

Christmas Day 9:30am (December 25) Communion “God Says Yes”
John 1:1-1

Christmas 1 (December 28) “Do It Yourself Pageant “

Epiphany (January 4, 2026) “The Wise Ones Said Yes” Matthew
2:1-12 communion

Baptism of the Lord (January 11, 2026) “Jesus says Yes!” Matthew
3:13-17

Women’s Bible Study

Mark Your Calendar:

January 7, 2026 - 12:00 pm - First Wednesday of the Month

We will be studying and discussing:

Finding Resilience, Joy, and Our Identity in Jesus Christ

Pick up a book from Pastor Debbie

South Brunswick Food Bank Items Needed:

Ground coffee - Jelly - Chef Boyardee, or any canned pasta
Crushed tomatoes - Pancake mix - Syrup Spaghetti, and any boxed pasta
Paper goods: toilet paper, paper towels, tissues, napkins, Boxed milk such as Parmalat -
Canned tuna. Please bring the item(s) to the church and put it in the cart by the
front door. If you have any questions contact Lee - mrsp52@comcast.net

Grace Presbyterian Church

presents



GRACE FOR DINNER

A **FREE MEAL** for anyone facing food insecurity. If you are a neighbor in need, please come to our table. All are welcome. Join us inside. Guests can also **select 2 bags of groceries** and a **holiday gift** of either **socks, hats, or gloves**. *Doors open at 4:00pm*

Saturday December 13th, from 4-5:30pm

57 Sand Hills Road, Kendall Park, NJ

732-297-9182

Email: office@gracepcsb.org Website: gracepcsb.org

Order meals by Monday December 8th

Call or email with name, phone number, and number of meals needed. **Limit of one meal per person in household**

Choice of:

1: Chicken Parmigiana

2: Baked Ziti

Meals prepared by **Joe's Deli** 3151 Rt. 27, Franklin Park

Let us know if you have transportation limits; we may be able to arrange delivery. If you are unable to pre-order, any remaining meals will be given out starting at 5:45pm.

Spiritual & Mental Wellness



Topic:

Aging Gracefully “and all that comes with it”

Our Facilitators are our Mental Health Team Members

A support group for sharing the challenges of growing older

A 6 weeks series starting Thursdays, October 30th

November 6th, 13th, 20th,

December 4th, 11th

Time: 10:30 am to 11:30 am

Where: Grace Presbyterian Church
57 Sandhills Road, Kendall Park, NJ
Tel. 732 297 9182 for more information



Next Classes December 3 + 17
Qigong with Elizabeth Walters
at Sand Hills Community Wellness Center

Qigong means *energy work* or *energy cultivation*. It is an ancient Chinese healing practice that combines simple body movements, meditation, visualization, and breathing techniques to activate and cultivate Qi. Join us to learn about and practice Qigong.

STARTING SEPTEMBER 17
Then, classes will continue
on the 1st and 3rd Wednesday
of the month
6:30 PM - 7:30 PM

\$15.00 per class
\$50.00 for a package of 4 classes

Register by emailing walters.ej@gmail.com

Let your energy move like water –
fluid, strong, and effortless.
Qigong reminds us to release what is heavy
and welcome what is light. Each movement
is a quiet celebration of life,
each breath a return to harmony.”
Qigong Master Robert Peng

Elizabeth practiced Eden Energy Medicine for 10 years. She is certified as a teacher of Elixir Light Qigong and a Qigong healer by Master Robert Peng.



Sand Hills Community Wellness Center
57 SAND HILLS ROAD, KENDALL PARK, NJ 08824

Thurs 12/18/2025

7pm - 8pm

\$ 30

Sound Bath

A healing journey for all



Find quiet solace in this healing 1 hour journey of Sound. Relax on your own mat as the sounds of gongs, bowls, chimes, and more, move through the space and you are transported, through your own dreamscape. Let go of the old energy and open up to the new that is waiting for you. Awaken restored and refreshed.

To find out more info,
deeprootsrising.com
Register by texting Ruchi at
732-718-4430

Sand Hills Wellness
57 Sand Hills Road
Kendall Park, NJ 08824

Look Who's Serving

	December 7	December 14	December 21	December 28
Liturgist	Carol Thomson	Lee Piotrowski	Janice Royer	Amy Miller
Usher	Sandy Chm	Mike Royer	Evelyn Savage	Laura Taff
Zoom	Peter Godinez	Brian Boccardi	Maryann Rappa	Janice Royer
Worship Leader	Rev. Debbie Paton	Rev. Debbie Paton	Rev. Debbie Paton	Rev. Debbie Paton
Advent Wreath	Donna & Bud Keller	Vee & Greg Casey	Wellness Center Board	
Coffee Hour	Cheryl Kotch	Vee Casey	Janice Royer	Gabi Quaely
Children's Corner				
Counters	Laura Taff Lee Piotrowski	Mike Royer Dottie Pickell	Fran Trischetta Carol Thomson	Laura Taff Lee Piotrowski
Musician	Vince DiMura	Ray Nugent	Ray Nugent	Ray Nugent
Open/Close	Carol Thomson Mike Royer	Carol Thomson Mike Royer	Carol Thomson Mike Royer	Carol Thomson Mike Royer

CHURCH LEADERSHIP

Pastor Debbie - Debbie is in the office Tuesday, Wednesday & Thursday. Works off site on Friday. She can best be reached by email pastordebpaton@gmail.com or cell phone 630-886-6785. Please honor Monday as her sabbath by only calling if it is an emergency.

Vince Di Mura - Music Director

Church Office - Maryann Rappa will be in the office Monday Tuesday & Thursday. She can be reached at office@gracepcsb.org or 732-297-9182.

NOT SURE WHO TO CONTACT?

- ❖ Questions about donations - Contact **Al Goddard**
- ❖ Questions about the children's ministry - contact **Nancy Varga**
nmvarga2011@comcast.net
- ❖ Questions about the Deacons - contact **Kathie Scott**
kathiemscott@icloud.com
- ❖ Have a prayer request? - contact **Tami Aug** tamaraaug@gmail.com
- ❖ Put an announcement in the bulletin? tell the **church office by Wednesday.**
office@gracepcsb.org
- ❖ Put an article in the newsletter? Maryann Rappa office@gracepcsb.org
- ❖ Want to get involved? **Contact an elder.**

Questions about **Finance or Personnel** - Rob Aug; **Hospitality** - Janice Royer, **Outreach** - Donna Keller; **Preschool** - Nancy Varga, Carol Thomson; **Property** - Jim Elieff, Mike Royer; **Worship** -Dottie Pickell; **Stewardship** - Rob Aug; **Christian Ed.** - Nancy Varga; **Wellness** Irene Carman; **Clerk of Session** - Peter Godinez

Elders - Rob Aug, Irene Carman, Jim Elieff, Peter Godinez, Donna Keller, Dottie Pickell, Janice Royer, Mike Royer, Nancy Varga

Deacons - Tami Aug, Gloria Bernard, Judianne Brown, Vilija Casey, Barbara Elieff, Amy Miller, Gabi Quaely, Kathie Scott

USERS' GUIDE

- **Welcome!** If you are visiting, please sign our guest book on the table in the hall before entering the worship space.
- If you have a **prayer request**, fill out a blue *prayer request card* (the other side of the welcome card) and put it on the offering plate.
- **Restrooms** are on the fellowship hall side of the sanctuary.

More information?

Grace Presbyterian Church- 57 Sand Hills Road, Kendall Pk, NJ 08824 Phone number- 732-297-9182 email us at - office@gracepcsb.org - Visit our website: www.gracepcsb.org - Or check us out on Facebook!