

The Week Ahead at Grace Presbyterian Church: Feb. 1-Feb. 8

For additional information, call the church office or ask an usher!

Sun. Feb. 1	9:30 am Sunday Service/Communion 10:30 am Fellowship 11:00 am Outreach Meeting
Mon. Feb. 2	9:00 am Jazzercise 7:00 pm Yoga
Tues. Feb. 3	9:30 am Iyengar Yoga 6:00 pm Jazzercise
Wed. Feb. 4	9:00 am Jazzercise 12:00 pm Women's Bible Study 7:00 pm Essentrics
Thur. Feb. 5	9:30 am Iyengar Yoga 10:30 am Aging Gracefully Group
Fri. Feb. 6	9:30 am Restorative Yoga
Sat. Feb. 7	8:30 am Jazzercise 8:45 am Iyengar Yoga
Sun. Feb. 8	9:30 am Sunday Service 10:30 am Fellowship

Vision Statement

We are an open and affirming congregation. We genuinely welcome people of all ages, race, ethnicities, genders, sexual orientations, beliefs, and those who are cognitively and or physically challenged. Our vision is to be a community of love and purpose, each one engaged in ministry, seeking to know Christ, growing in discipleship, and embodying God's love for the world.

Ash Wednesday - February 18

Ashes will be distributed at 7:00 pm.

Rev. Adrian Deepak of Abiding Love Lutheran Church has invited us to take part in their Bread & Soup Lenten Meditation Wednesday evening at 7:00 during lent. It is an evening of prayer and reflection.

Will start February 25 with a Taize Service.

Women's Bible Study

Mark Your Calendar: February 4, 2026 - 12:00 pm

We will be studying and discussing:

Finding Resilience, Joy, and Our Identity in Jesus Christ

Pick up a book from Pastor Debbie

Spiritual & Mental Wellness Team

The Aging Gracefully “and all that comes with it “ group will meet weekly on Thursday 10:30-11:30 am in room 3.

Our Story- God's Story All Church Retreat

Sat, Feb 21, 9am-3pm.

Join us for a day of storytelling, conversation, imagining and planning. We will be led by Rev. Larissa Kwong Abazia, executive director of NEXT Church.

Larissa writes, “We are a people of holy Scripture, enveloping ourselves in a living text which inspires our faith. Yet, we can get wrapped up in *our time* rather than God's understanding of time; the work we do rather than the participation we take in God's unfolding story.” Larissa will help us think about how we can be more in sync with God's time and story. Together we will discern what is needed to move forward faithfully and joyfully as Grace Presbyterian Church. We need your input and your commitment.

Save the date March 21 - A Fundraising Concert for the church

Led by our own world renown artist Vince DiMura

Memorable and meaningful music of Marvin Gaye and Stevie Wonder

Keep your ears and minds open for how you can help.

SCAN QR CODE TO REGISTER.
EMail Laura at LCYOGA14@GMAIL.COM
with questions.



Laura Carasso
200hr YTT



Vinyasa Slow Flow is a dynamic, breath-centered yoga practice that links movement with the inhale and exhale, creating a meditative, energizing series of poses with an emphasis on strength, flexibility and balance.

*All Levels
Welcome*

MONDAYS
8:45 - 10:00 AM
BEGINNING FEBRUARY 2ND

Sand Hills Community
Wellness Center
57 Sand Hills Road
Kendall Park

Drop- in fee : \$15
Monthly (4 classes): \$50
Feb. and Mar.: (8 classes): \$90



Grace Presbyterian Church

presents



GRACE FOR DINNER

A **FREE MEAL** for anyone facing food insecurity. If you are a neighbor in need, please come to our table. All are welcome. Guests can also **choose 2 bags of groceries**. *Doors open at 4:00pm*

Saturday, February 14th from 4:00-5:30pm

57 Sand Hills Road, Kendall Park, NJ

732-297-9182

Email: office@gracepcsb.org Website: gracepcsb.org

Order meals by Monday Feb 9th

Call or email with name, phone number, number of meals needed and number of children under 18.

One meal per person- Choice of:

1: Chicken & Broccoli with Brown Rice

2: Vegetable Lo Mein

Meals prepared by **Shu House Restaurant**, Kendall Park

Let us know if you have transportation limits; we may be able to arrange delivery. If you are unable to pre-order, any remaining meals will be given out starting at 5:15pm.

SAND HILLS COMMUNITY WELLNESS CENTER - TRIVIA NIGHT

FREE TRIVIA NIGHT - SATURDAY, MARCH 28 - 7:00 - 8:30 PM

BYO SNACKS AND DRINKS

REGISTER AS A SINGLE OR A TEAM BY FEBRUARY 25TH

<https://sandhillswellness.wixsite.com/sandhillswellness/trivianight>

QUESTIONS - SANDHILLSWELLNESS@GMAIL.COM

South Brunswick Food Bank Items Needed:

Ground coffee - Jelly - Chef Boyardee, or any canned pasta
Crushed tomatoes - Pancake mix - Syrup Spaghetti, and any boxed pasta
Paper goods: toilet paper, paper towels, tissues, napkins, Boxed milk such as Parmalat -
Canned tuna. Please bring the item(s) to the church and put it in the cart by the
front door. If you have any questions contact Lee - mrsp52@comcast.net

Look Who's Serving

	February 1	February 8	February 15	February 22
Liturgist	Carol Thomson	Lee Piotrowski		
Usher	Mike Royer	Evelyn Savage	Laura Taff	Amy Miller
Zoom	Janice Royer	Gabi Quaely	Peter Godinez	Brian Boccardi
Worship Leader	Rev. Debbie Paton	Rev. Debbie Paton	Rev. Debbie Paton	Rev. Debbie Paton
Coffee Hour	Janice Royer	Cheryl Kotch		Gabi Quaely
Counters	Fran Trischetta Carol Thomson	Laura Taff Lee Piotrowski	Mike Royer Dottie Pickell	Fran Trischetta Carol Thomson
Musician	Vince DiMura	Vince DiMura	Vince DiMura	Vince DiMura
Open/Close	Carol Thomson Mike Royer	Carol Thomson Mike Royer	Carol Thomson Mike Royer	Carol Thomson Mike Royer

CHURCH LEADERSHIP

Pastor Debbie - Debbie is in the office Tuesday, Wednesday & Thursday. Works off site on Friday. She can best be reached by email pastordebpaton@gmail.com or cell phone 630-886-6785. Please honor Monday as her sabbath by only calling if it is an emergency.

Vince Di Mura - Music Director

Church Office - This Week - Maryann Rappa will be in the office Tuesday, Wednesday & Thursday. She can be reached at office@gracepcsb.org or 732-297-9182.

NOT SURE WHO TO CONTACT?

- ❖ Questions about donations - Contact **Al Goddard**
- ❖ Questions about the children's ministry - contact **Nancy Varga**
nmvarga2011@comcast.net
- ❖ Questions about the Deacons - contact **Kathie Scott**
kathiemscott@icloud.com
- ❖ Have a prayer request? - contact **Tami Aug** tamaraaug@gmail.com
- ❖ Put an announcement in the bulletin? tell the **church office by Wednesday.**
office@gracepcsb.org
- ❖ Put an article in the newsletter? Maryann Rappa office@gracepcsb.org
- ❖ Want to get involved? **Contact an elder.**

Questions about **Finance or Personnel** - Rob Aug; **Hospitality** - Janice Royer, **Outreach** - Donna Keller; **Preschool** - Nancy Varga, Carol Thomson; **Property** - Jim Elieff, Mike Royer; **Worship** -Dottie Pickell; **Stewardship** - Rob Aug; **Christian Ed.** - Nancy Varga; **Wellness** Irene Carman; **Clerk of Session** - Peter Godinez

Elders - Rob Aug, Irene Carman, Jim Elieff, Peter Godinez, Donna Keller, Dottie Pickell, Janice Royer, Mike Royer, Nancy Varga

Deacons - Tami Aug, Gloria Bernard, Judianne Brown, Vilija Casey, Barbara Elieff, Amy Miller, Gabi Quaely, Kathie Scott

USERS' GUIDE

- **Welcome!** If you are visiting, please sign our guest book on the table in the hall before entering the worship space.
- If you have a **prayer request**, fill out a blue *prayer request card* (the other side of the welcome card) and put it on the offering plate.
- **Restrooms** are on the fellowship hall side of the sanctuary.

More information?

Grace Presbyterian Church- 57 Sand Hills Road, Kendall Pk, NJ 08824 Phone number- 732-297-9182 email us at - office@gracepcsb.org - Visit our website: www.gracepcsb.org - Or check us out on Facebook!