

Grace Presbyterian Church

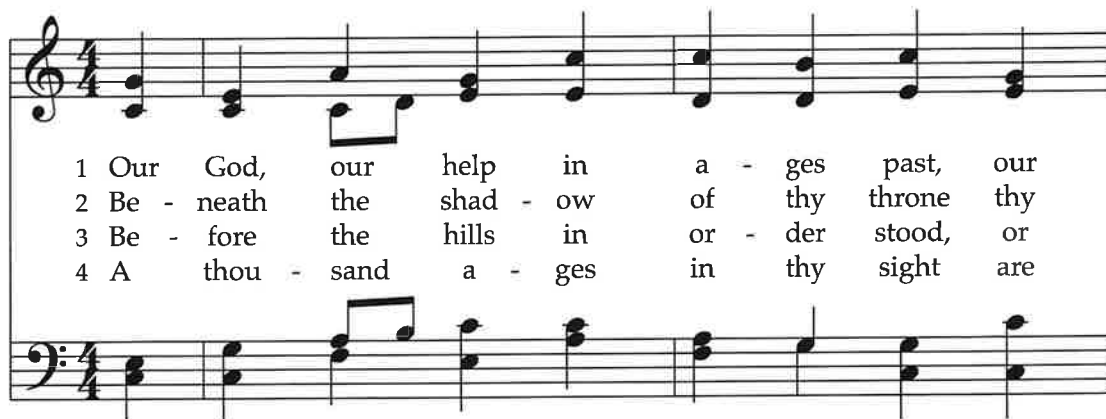
July 12, 2026

9:30 am



687 Our God, Our Help in Ages Past

(Psalm 90)



1 Our God, our help in a - ges past, our
 2 Be - neath the shad - ow of thy throne thy
 3 Be - fore the hills in or - der stood, or
 4 A thou - sand a - ges in thy sight are



hope for years to come, our shel - ter from the
 saints have dwelt se - cure; suf - fi - cient is thine
 earth re - ceived its frame, from ev - er - last - ing
 like an eve - ning gone, short as the watch that



storm - y blast, and our e - ter - nal home:
 arm a - lone, and our de - fense is sure.
 thou art God, to end - less years the same.
 ends the night be - fore the ris - ing sun.

5 Time, like an ever rolling stream,
 bears all our years away;
 they fly forgotten, as a dream
 dies at the opening day.

6 Our God, our help in ages past,
 our hope for years to come,
 be thou our guard while life shall last,
 and our eternal home.

Many people sing this hymn unaware that it paraphrases Psalm 90, partly because this text speaks so immediately to the human condition. Since the middle of the 19th century, it has usually been joined to this tune named for the London parish where the composer was organist.

WELCOME AND VISION STATEMENT

We are an open and affirming congregation.

**We genuinely welcome people of all ages,
races, ethnicities, genders, sexual orientations,
beliefs,
and those who are cognitively
and or physically challenged.**

Our vision is to be a community of love and purpose,
**each one engaged in ministry,
seeking to know Christ, growing in discipleship,
and embodying God's love for the world.**

We Gather

WELCOME and ANNOUNCEMENTS

Call to worship (based on Psalm 46: 1-3, 1)

God is our refuge and strength,

always ready to help in times of trouble.

So we will not fear, even if earthquakes come,
and the mountains crumble into the sea.

Let the oceans roar and foam.

Let the mountains tremble as the waters surge!

The Lord Almighty is here among us;

Our God is with us in troubling times.

Hymn #687

God our Help in Ages Past

Call to Confession

Let us speak from our hearts, the truth of our lives, the
times and ways we have not lived as God's people, when

we have doubted God's presence or concern for us and for the world. Let us pray silently..

Prayer of Confession

(Silence is kept for us to reflect and confess)

Words of Assurance

Oh, what joy for those whose sins are forgiven,
whose mistakes have been wiped away
by God's mercy and grace!

**We will rejoice in God's unfailing love,
which has set us free yet again.**

We Reflect

Bible Study The Flawed Families of God

Scripture Genesis 6-9

Questions for discussion around the tables

Have any of you ever experienced a natural disaster or act of God? What do you remember most? How did your family recover?

What questions come to your mind when reading this story?

How did Noah's family feel/ respond to God's actions?

How do families respond to natural disasters?

Where is God in the midst of natural disaster ?

How do we seek to explain natural disasters?

How can we help families recover from natural disasters?

Gathering our thoughts and questions.

We Respond

MISSION STATEMENT

Our Mission is **to Know, Love, and Serve God**

Offertory Invitation *Place gifts in the basket on table.*

Prayer of Dedication

May the offerings brought this day be used as seeds,
planted faithfully and nurtured lovingly
so that God's way may be realized anew in this world.
Grant us the humility we need to plant and then tend
your precious garden. Amen.

~ written by Katherine Hawker, and posted on Liturgy Outside.

(Many thanks to all who contribute to the mission and
ministry of our church in offering plates during worship
and by electronic giving throughout the month).

Prayers of God's People (sharing of Joys and Concerns)

Lord, in your mercy/with thanksgiving, **Hear our
prayer.**

The Lord's Prayer

We Are Sent

*Song "Rise and Shine"

Verse 1

The Lord told Noah, "There's gonna be a floody, floody."
Lord told Noah, "There's gonna be a floody, floody."

Get those children out of the muddy, muddy,
children of the Lord.”

Chorus (sing in between each verse)

So rise and shine, and give God the glory, glory.
Rise and shine, and give God the glory, glory.
Rise and shine and (clap) give God the glory, glory
Children of the Lord.

Verse 2

The Lord told Noah to build him an arky, arky.
Lord told Noah to build him an arky, arky.
“Build it out of gopher barky, barky,
Children of the Lord”.

Verse 3

The animals, they came in, they came in by twosies,
twosies.
Animals, they came in, they came in by twosies, twosies.
Elephants and kangaroosies, roosies,
Children of the Lord.

Verse 4

It rained, and poured for forty daysies, daysies.
Rained, and poured for forty daysies, daysies.
Almost drove those animals crazy, crazy,
Children of the Lord.

Verse 5

Now, Noah, he sent out, he sent out a dovie, dovie.
Noah, he sent out, he sent out a dovie, dovie.
Brought a symbol of God’s lovie, lovie
Children of the Lord.

Verse 6

The sun, it came out and dried up the landy, landy.
Sun, it came out and dried up the landy, landy.
Everything was fine and dandy, dandy,
Children of the Lord.

Verse 7

Now this is the end of, the end of my story, story.
This is the end of, the end of my story, story.
And there was great joy and glory, glory, children of the
Lord.

*Charge and Benediction

In mystery and grandeur,
we see the face of God;

in earthiness and the ordinary,
we know the love of Christ.

In heights and depths and life and death,
the Spirit of God is moving among us.

And may the triune God, the beginning, the end, the
everlasting one, make shine in you like the sun, bearing
the light of God to all your meet. Amen.

*Sharing the Peace of Christ

Peace be with you!

And also with you.

*(We invite you to offer a sign of peace to those around
you and as you gather for fellowship. We remind you to
ask what folks feel comfortable with...a verbal greeting, a
handshake or fist bump, etc. Do not assume.)*

***Indicates, please stand in body or spirit.**

All songs not from Glory to God are used by permission of CCLI #1124594

The Week Ahead at Grace Presbyterian Church: July 12 - July 19

For additional information, call the church office or ask an usher!

Sun. July 12	9:30 am Sunday Service 10:30 am Fellowship
Mon. July 13	9:00 am Jazzercise 6:00 pm Reiki Share 7:00 pm Yoga
Tues. July 14	9:30 am Iyengar Yoga 6:00 pm Jazzercise 6:30 pm Grief Support Group
Wed July 15	9:00 am Jazzercise 9:30 am Iyengar Yoga 7:00 pm Essentrics
Thur. July 16	9:30 am Iyengar Yoga 6:00 pm Jazzercise
Fri. July 17	9:30 am Restorative Yoga
Sat. July 18	8:30 Jazzercise 8:45 am Yoga
Sun. July 20	9:30 am Sunday Service 10:30 am Fellowship

Vision Statement

We are an open and affirming congregation. We genuinely welcome people of all ages, race, ethnicities, genders, sexual orientations, beliefs, and those who are cognitively and or physically challenged. Our vision is to be a community of love and purpose, each one engaged in ministry, seeking to know Christ, growing in discipleship, and embodying God's love for the world.

Pastor on the Porch is Back

Weekly on Thursday if the weather permits. Please dress appropriately for the temperature. We will gather on the church porch at 6:00 pm for the old tradition of sitting with friends and neighbors at the end of day. Conversation is optional. There will be coffee, tea, and cold water for all. Feel free to bring a treat to share and a lawn chair.

St Barnabas Program Invitation

St. Barnabas is offering an intergenerational program "All God's Children Gather for the Summer" this July. We are so happy to partner with you.

Here are some of the basics. We will meet on Wednesdays, July 8, 15, 22 and 29th from 6-8 PM at St Barnabas. We'll begin by sharing a meal, doing crafts/activities, studying Bible stories, and end with prayer and music. "Children" of all ages are welcome.

Questions - Contact Barbara - bpmoreno@aol.com

Our Abundance Table for July is Kitchen Gadgets

Abundantly blessed by God, we are invited to share in recognition of our abundance and God's generosity. In sharing, we pass along the gifts we no longer need. In this expression of thanksgiving, we extend the blessing of the gift. Each month we are invited to fill a table in the fellowship hall with items from our homes and lives that we are happy to share. This month our "Abundance Table" is a place for kitchen gadgets in good condition.

Any suggestion for future table items and other comments should be directed to Gloria Bernard, deacon in charge, at gloriabernard74@yahoo.com.

South Brunswick Food Bank Items Needed

Ground coffee - Peanut Butter- Jelly - Chef Boyardee, or any canned pasta
Crushed tomatoes - Pancake mix - Syrup Spaghetti, and any boxed pasta Paper goods: toilet paper, paper towels, tissues, napkins, Boxed milk such as Parmalat - Canned meat and tuna. Please bring the item(s) to the church and put it in the cart by the front door. If you have any questions contact Lee - mrsp52@comcast.net

TRAIN THE PRESENTER



Free Classes at Sand Hills Community Wellness Center

Please join us for a series of workshops hosted by Erin Bruno. Sign up and learn more on our website.

<https://sandhillswellness.wixsite.com/sandhillswellness/free-workshops>

The Chemistry of Connection: Why Relationships Matter for Mental Wellness July 7th | 9:30am-12:30pm

Participants will:

- Understand how connection, belonging, and relationships influence mental wellness and resilience.
- Learn the role brain chemistry and stress responses play in emotions, motivation, and well-being.
- Identify practical ways to strengthen supportive relationships and foster connection in everyday life.

Reducing Mental Health Stigma: Building Cultures of Support July 9th | 9:30am-12:30pm

Participants will:

- Recognize common myths and misconceptions about mental health and their impact on individuals and communities.
- Understand how stigma can affect help-seeking, communication, and relationships.
- Learn practical strategies for creating more supportive, compassionate, and inclusive environments.

Anxiety in Everyday Life: What We're Seeing and What Helps July 14th | 9:30am-12:30pm

Participants will:

- Identify common signs of anxiety and understand how it may show up in daily life, work, school, and relationships.
- Explore factors that contribute to stress, overwhelm, and emotional distress.
- Learn practical strategies to manage anxiety and support others during challenging moments



TRAIN THE PRESENTER



Free Classes at Sand Hills Community Wellness Center

Please join us for a series of workshops hosted by Rita Camarillo. Sign up and learn more on our website.

<https://sandhillswellness.wixsite.com/sandhillswellness/free-workshops>

Enhancing Emotional Regulation

June 12th | 9:30am-12:30pm

Learn practical DBT- and SkillsSystem™-based strategies to identify, manage, and regulate emotions in everyday and crisis situations.

Vicarious Trauma/ Secondary Trauma Stress

June 24th | 9:30am-12:30pm

Learn to recognize and manage the emotional impact of supporting trauma survivors while building resilience and healthy coping strategies.

The Impact of Social Media on Youth Mental Health

July 30th | 9:30am-12:30pm

Explore both the benefits and risks of social media on youth mental health, including its effects on identity, relationships, anxiety, depression, and brain development.

Compassion Fatigue

July 10th | 9:30am-12:30pm

Understand the causes and signs of compassion fatigue and burnout, and develop self-regulation and prevention techniques for helping professionals.

Non-Suicidal Self Injury

July 20th | 9:30am-12:30pm

Gain an evidence-based understanding of non-suicidal self-injury, including warning signs, contributing factors, prevention, and support strategies for youth and young adults.

Trauma Informed Approach

July 24th | 9:30am-12:30pm

Discover trauma-informed practices that promote safety, prevent re-traumatization, and support individuals through a strengths-based approach.



FLEA/CRAFT MARKET

Grace Presbyterian Church

57 Sand Hills Road

Kendall Park 732-297-9182

SAT. SEPT. 19 - 9:00-2:00

RAIN DATE - SEPT. 26

VENDORS WANTED

\$30.00 SPACE RENTAL

SCAN THE QR CODE OR EMAIL

OFFICE@GRACEPCSB.ORG TO

RESERVE YOUR SPACE

YOUR ULTIMATE FLEA MARKET

DESTINATION FOR AMAZING

DEALS - FOOD TRUCKS

**Craft Caffe
Mobile Barista
Cold Brew
Coffee -so
much more
thecraftcaffe.
com**



**Beastro BBQ
Fusion
- Mac & Chee.
Variations -
Sauces
beastrocuisine.
com**



* Sourdough Class *



Make Sourdough Starter and Prep
Dough (for next-day class, which
you should also totally come to!)

with Chef Allie O'Brien

5:30 - 7pm

Sand Hills Community
Wellness Center
57 Sand Hills Road
Kendall Park

JULY 17TH

Workshop is FREE but registration is required.

Scan the code

Email allieobrien@gmail.com

WhatsApp 732-216-3322



Funded by South Brunswick Township

FREE





Family Pizza Party



Calling all Pizza Lovers!

Come enjoy a fun filled morning learning to cook,
bake and make healthy food taste delicious!

With Chef Allie O'Brien

Saturday

July 18th



9:00am - 12:00pm
At Sand Hills
Community
Wellness Center

Registration Required

Scan the code

Email allieobrien@gmail.com

WhatsApp 732-216-3322



WORKSHOP IS FREE

FUNDED BY SOUTH BRUNSWICK TOWNSHIP



Look Who's Serving

	July 12	July 19	July 26	August 2
Liturgist	Lee Piotrowski	Cheryl Kotch	Laura Taff	Carol Thomson
Usher	Evelyn Savage	Laura Taff	Amy Miller	Judianne Brown
Zoom	Peter Godinez	Janice Royer	Gabi Quaely	Brian Boccardi
Worship Leader	Rev. Debbie Paton	Rev. Debbie Paton	Rev. Debbie Paton	Rev. Debbie Paton
Coffee Hour	Gabi Quaely	Vilja Casey	Cheryl Kotch	Vilja Casey
Counters	Dottie Pickell Mike Royer	Laura Taff Carol Thomson	Laura Taff Lee Piotrowski	
Musician	Vince DiMura	Vince DiMura	Vince DiMura	Vince DiMura
Open/Close	Carol Thomson Mike Royer	Carol Thomson Mike Royer	Carol Thomson Mike Royer	Carol Thomson Mike Royer

CHURCH LEADERSHIP

Pastor Debbie - Debbie is in the office Tuesday, Wednesday & Thursday. Works off site on Friday. She can best be reached by email pastordebpaton@gmail.com or cell phone 630-886-6785. Please honor Monday as her sabbath by only calling if it is an emergency.

Vince Di Mura - Music Director

Church Office - Maryann Rappa will be in the office Tuesday, Thursday & Friday. She can be reached at office@gracepcsb.org or 732-297-9182.

NOT SURE WHO TO CONTACT?

- ❖ Questions about donations - Contact **Al Goddard**
- ❖ Questions about the children's ministry - contact **Nancy Varga**
nmvarga2011@comcast.net
- ❖ Questions about the Deacons - contact **Kathie Scott**
kathiemscott@icloud.com
- ❖ Have a prayer request? - contact **Tami Aug** tamaraaug@gmail.com
- ❖ Put an announcement in the bulletin? tell the **church office by Wednesday.**
office@gracepcsb.org
- ❖ Put an article in the newsletter? Maryann Rappa office@gracepcsb.org
- ❖ Want to get involved? **Contact an elder.**

Questions about **Finance or Personnel** - Rob Aug; **Hospitality** - Janice Royer, **Outreach** - Donna Keller; **Preschool** - Nancy Varga, Carol Thomson; **Property** - Jim Elieff, Mike Royer; **Worship** -Dottie Pickell; **Stewardship** - Rob Aug; **Christian Ed.** - Nancy Varga; **Wellness** Irene Carman; **Clerk of Session** - Peter Godinez

Elders - Rob Aug, Irene Carman, Jim Elieff, Peter Godinez, Donna Keller, Dottie Pickell, Janice Royer, Mike Royer, Nancy Varga

Deacons - Tami Aug, Gloria Bernard, Judianne Brown, Vilija Casey, Barbara Elieff, Amy Miller, Gabi Quaely, Kathie Scott

USERS' GUIDE

- **Welcome!** If you are visiting, please sign our guest book on the table in the hall before entering the worship space.
- If you have a **prayer request**, fill out a blue *prayer request card* (the other side of the welcome card) and put it on the offering plate.
- **Restrooms** are on the fellowship hall side of the sanctuary.

More information?

Grace Presbyterian Church- 57 Sand Hills Road, Kendall Pk, NJ 08824 Phone number- 732-297-9182 email us at - office@gracepcsb.org - Visit our website: www.gracepcsb.org - Or check us out on Facebook!