

The Week Ahead at Grace Presbyterian Church: April 26- May 3

For additional information, call the church office or ask an usher!

Sun. April 26	9:30 am Sunday Service 10:30 am Fellowship 11:00 am Lenten Bible Study
Mon. April 27	9:00 am Jazzercise 7:00 pm Yoga
Tues. April 28	9:30 am Iyengar Yoga 6:00 pm Jazzercise
Wed. April 29	9:00 am Jazzercise 7:00 pm Essentrics
Thur. April 30	9:30 am Iyengar Yoga 6:00 pm Jazzercise
Fri. May 1	9:30 am Restorative Yoga
Sat. May 2	8:30 am Jazzercise 8:45 am Iyengar Yoga
Sun. May 3	9:30 am Sunday Service 10:30 am Fellowship

Vision Statement

We are an open and affirming congregation. We genuinely welcome people of all ages, race, ethnicities, genders, sexual orientations, beliefs, and those who are cognitively and or physically challenged. Our vision is to be a community of love and purpose, each one engaged in ministry, seeking to know Christ, growing in discipleship, and embodying God's love for the world.

Pastor on the Porch is Back

Will begin May 7 th if the weather permits. Please dress appropriately for the temperature. We will gather on the church porch at 6:30pm for the old tradition of sitting with friends and neighbors at the end of day. Conversation is optional. There will be coffee, tea, and cold water for all. Feel free to bring a treat to share and a lawn chair.

Adult Lenten Study continues through the season of Easter, April 26, As we complete our study of Turning Over Tables by Kathy Escobar. We will continue our discussion of disrupting power; unjust, inequitable, destructive power. As we focus the conversation on how to Cultivate, Illuminate, Embody, and Sustain the work of creating and engaging more equitable and life-giving power.

Purchasing the book is not required to participate in the Lenten Study. We will meet in Room 3 from 11:00-12:30 - A Zoom link will be available.

Please contact Nancy Varga at 732-543-9479 or nmvarga2011@comcast.net for more information regarding the Bible Study and/or Christian Ed.

Women's Bible Study

Mark Your Calendar: May 6, 2026 - 12:00 pm

We will be studying and discussing:

Finding Resilience, Joy, and Our Identity in Jesus Christ

Pick up a book from Pastor Debbie

Our Abundance Table for May

Let us create a beautiful garden together. Abundantly blessed by God, we are invited to share in recognition of our abundance and God's generosity. In sharing, we pass along the gifts we no longer need. In this expression of thanksgiving, we extend the blessing of the gift. Each month we are invited to fill a table in fellowship hall with items from our homes and lives that we are happy to share. This month our "Abundance

Table” is a place for garden items: bulbs, tubers, cuttings, even plants if you bought too many, extra soil, pots, tools in good condition. Any suggestion for future table items and other comments should be directed to Gloria Bernard, deacon in charge, at gloriabernard74@yahoo.com.

South Brunswick Food Bank Items Needed

Ground coffee - Jelly - Chef Boyardee, or any canned pasta
Crushed tomatoes - Pancake mix - Syrup Spaghetti, and any boxed pasta Paper goods: toilet paper, paper towels, tissues, napkins, Boxed milk such as Parmalat - Canned tuna. Please bring the item(s) to the church and put it in the cart by the front door. If you have any questions contact Lee - mrsp52@comcast.net

April Birthdays - Dottie Pickell - 4/5 Joelle Dollak - 4/18 Debbie Kinsey - 4/20 Elizabeth Walters - 4/24



GRIEF SUPPORT GROUP

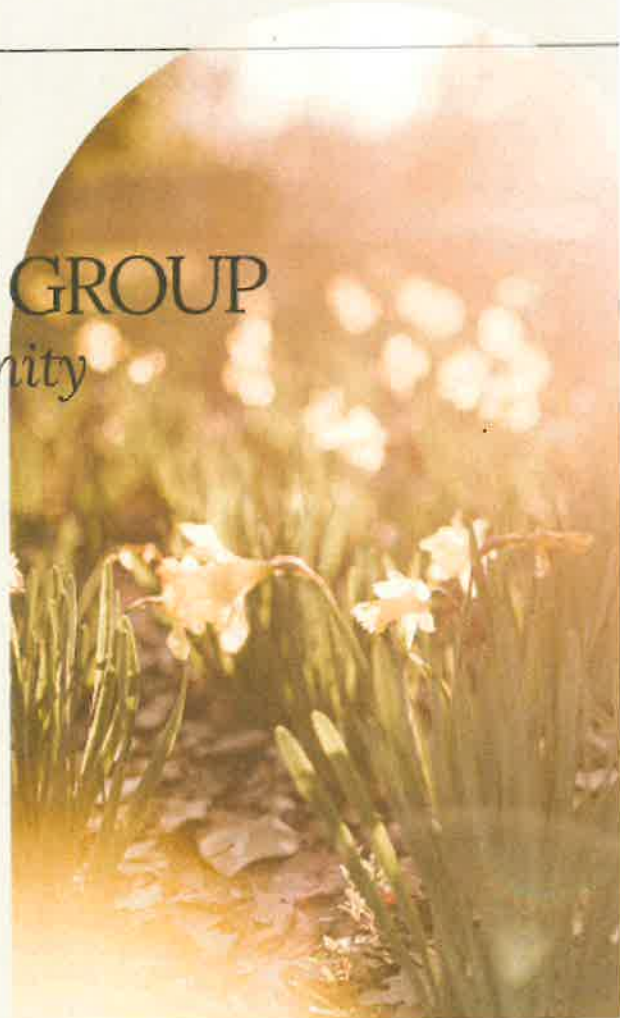
at Sand Hills Community Wellness Center

Starting this May, join a small, supportive peer group where you can connect with others who understand the experience of loss in a safe and welcoming environment.

Our grief support group offers:

- A welcoming and confidential environment
- Guided conversations around common experiences of grief
- Opportunities to share (only if you feel comfortable)
- Support from others who understand what you're going through

Everyone's grief journey is unique. There is no expectation to speak or share more than you wish.



INFORMATION

We will meet weekly for 10 weeks starting
Tuesday, May 12 | 6:30 pm - 7:30 pm

Peer Support Group - not therapy
Suggested Donation: \$10 per session
Limited to 10 participants

If you are interested in participating, please reach out. A brief intake will help determine if the group is a good fit.

Call: 732-419-3551

Email: sandhillswellness@gmail.com

Facilitator: Maryann Rappa, MA, CPC

You don't have to go through grief alone. We would be honored to support you during this time.



THE VILLAGE MICROSCHOOL of Kendall Park, New Jersey



OPEN ENROLLMENT

Flexible class options for the 2026-2027 September to June school year

Connect with us to begin your partnership in preserving childhood

Space is intentionally limited

www.villagemicroschool.com

Grace Presbyterian Church

presents



GRACE FOR DINNER

A **FREE MEAL** for anyone facing food insecurity. If you are a neighbor in need, please come to our table. All are welcome. Guests can also choose **2 bags of groceries**. **Doors open at 4:00pm**

Saturday May 9th, from 4:00-5:30pm

57 Sand Hills Road, Kendall Park, NJ

732-297-9182

Email: office@gracepcsb.org Website: gracepcsb.org

Order meals by Monday May 4th

Call or email with name, phone number, number of meals needed and number of children under 18.

One meal per person in your household

Choice of 1. **Penne Bolognese**

2. **Broccoli & Cavatelli** in garlic & olive oil

Meals prepared by **Vinny's Pizzeria, Kendall Park, NJ**

Let us know if you have transportation limits; we may be able to arrange delivery. If you are unable to pre-order, any remaining meals will be given out starting at 5:15pm.



TRAIN THE PRESENTER

A Guide to Youth Suicide Prevention *at Sand Hills Community Wellness Center*

We often worry about the mental health of the young people in our lives, but the fear of "saying the wrong thing" can keep us silent. It's time to break that silence.

MAY 29
9:30 AM - 12 PM

This workshop is designed to move us from a place of uncertainty to a place of action. You don't need to be a doctor or a psychic to make a difference; you just need the right tools and the courage to start a conversation. In this session, we strip away the stigma and focus on practical, life-saving skills.

Susan Tellone is a highly accomplished Registered Nurse, Certified School Nurse, and health educator, holding a Master's degree in Nursing and a Bachelor's degree in Mental Health and Rehabilitation. With nearly 40 years of experience as a psychiatric nurse, she has dedicated her career to the critical field of suicide prevention.



[REGISTER AND LEARN
MORE ON OUR WEBSITE](#)



Sand Hills Community Wellness Center
57 SAND HILLS ROAD, KENDALL PARK, NJ 08824

QUESTIONS? CONTACT MARYANN

732-419-3551 OR SANDHILLSWELLNESS@GMAIL.COM



WHEN KIDS ACCOMPLISH SOMETHING REAL... SOMETHING CHANGES.



Filmmaking



Art

JUNE 29TH - AUGUST 7TH

LIMITED SPOTS AVAILABLE

New location **IN KENDALL PARK!**
57 Sand Hills Road, Kendall Park, NJ 08824

REGISTER NOW



STEM



Performance

See our programs at incredicamps.com



 **INCREDIFLIX**

Filmmaking, Stop-Motion, Acting

 **INCREDIQUEST**

Magic, Mystery, Art, Business...



 **INCREDITECH**

Robots, Bricks...

 **INCREDITUNES**

Music, Performance



 **INCREDITIME**

Exploration, Art, Challenges...

Look Who's Serving

	April 26	May 3	May 10	May 17
Liturgist	Vijia Casey	Carol Thomson	Lee Piotrowski	Sandy Chmielewski
Usher	Judianne Brown	Sandy Chmielewski	Janice Royer	Mike Royer
Zoom	Gabi Quaely	Janice Royer	Peter Godinez	Brian Boccardi
Worship Leader	Rev. Debbie Paton	Rev. Debbie Paton	Rev. Debbie Paton	Rev. Debbie Paton
Coffee Hour	Vilia Casey	Cheryl Kotch	Gabi Quaely	Vilia Casey
Counters	Fran Trischetta Carol Thomson	Laura Taff Lee Piotrowski	Mike Royer Dottie Pickell	Laura Taff Carol Thomson
Musician	Vince DiMura	Vince DiMura	Vince DiMura	Vince DiMura
Open/Close	Carol Thomson Mike Royer	Carol Thomson Mike Royer	Carol Thomson Mike Royer	Carol Thomson Mike Royer

CHURCH LEADERSHIP

Pastor Debbie - Debbie is in the office Tuesday, Wednesday & Thursday. Works off site on Friday. She can best be reached by email pastordebpaton@gmail.com or cell phone 630-886-6785. Please honor Monday as her sabbath by only calling if it is an emergency.

Vince Di Mura - Music Director

Church Office - Please Note -Maryann Rappa will be on vacation Thursday, April 30 -Tuesday, May 5. Please contact Pastor Debbie if you need immediate assistance.

NOT SURE WHO TO CONTACT?

- ❖ Questions about donations - Contact **Al Goddard**
- ❖ Questions about the children's ministry - contact **Nancy Varga**
nmvarga2011@comcast.net
- ❖ Questions about the Deacons - contact **Kathie Scott**
kathiemscott@icloud.com
- ❖ Have a prayer request? - contact **Tami Aug** tamaraaug@gmail.com
- ❖ Put an announcement in the bulletin? tell the **church office by Wednesday.**
office@gracepcsb.org
- ❖ Put an article in the newsletter? Maryann Rappa office@gracepcsb.org
- ❖ Want to get involved? **Contact an elder.**

Questions about **Finance or Personnel** - Rob Aug; **Hospitality** - Janice Royer, **Outreach** - Donna Keller; **Preschool** - Nancy Varga, Carol Thomson; **Property** - Jim Elieff, Mike Royer; **Worship** -Dottie Pickell; **Stewardship** - Rob Aug; **Christian Ed.** - Nancy Varga; **Wellness** Irene Carman; **Clerk of Session** - Peter Godinez

Elders - Rob Aug, Irene Carman, Jim Elieff, Peter Godinez, Donna Keller, Dottie Pickell, Janice Royer, Mike Royer, Nancy Varga

Deacons - Tami Aug, Gloria Bernard, Judianne Brown, Vilija Casey, Barbara Elieff, Amy Miller, Gabi Quaely, Kathie Scott

USERS' GUIDE

- **Welcome!** If you are visiting, please sign our guest book on the table in the hall before entering the worship space.
- If you have a **prayer request**, fill out a blue *prayer request card* (the other side of the welcome card) and put it on the offering plate.
- **Restrooms** are on the fellowship hall side of the sanctuary.

More information?

Grace Presbyterian Church- 57 Sand Hills Road, Kendall Pk, NJ 08824 Phone number- 732-297-9182 email us at - office@gracepcsb.org - Visit our website: www.gracepcsb.org - Or check us out on Facebook!